



Amanda's DanceXtensions

F L O R H A M P A R K

SEPTEMBER 2024 - MAY 2025

MONDAY

	<u>CLASS</u>	<u>AGE</u> (as of September)	<u>TIME</u>
STUDIO 1	Grace, Groove, Rhythm	3 ½ - 4 ½	3:30 - 4:15pm
	Triple Thrill	5 - 6	4:15 - 5:15pm
	Ballet	8 - 9	5:15 - 6:00pm
	Lyrical	8 - 9	6:00 - 6:45pm
	Ballet	13+	6:45 - 7:45pm
	Lyrical	13+	7:45 - 8:45pm
STUDIO 2	Mini flips	3 ½ - 4 ½	4:15 - 5:00pm
	Acro	7 - 9	5:00 - 5:45pm
	Acro	13+	5:45 - 6:45pm
	Acro	8 - 9	6:45 - 7:45pm
	Acro	10 - 12	7:45 - 8:45pm

TUESDAY

STUDIO 1	Grace, Groove, Rhythm	3 ½ - 4 ½	4:00 - 5:00pm
	Ballet	6 - 7	5:00 - 5:45pm
	Lyrical	6 - 7	5:45 - 6:30pm
	Ballet	10 - 12	6:30 - 7:30pm
	Lyrical	10 - 12	7:30 - 8:30pm
STUDIO 2	Hip Hop	4 - 6	3:30 - 4:15pm
	Hip Hop	7 - 9	4:15 - 5:00pm
	Cheer/Pom	7 - 9	5:00 - 5:30pm
	Acro	12+	5:30 - 6:30pm
	Hip Hop	10-12	6:30 - 7:30pm
	Hip Hop	13+	7:30 - 8:30pm
	Cheer/Pom	10+	8:30 - 9:15pm

WEDNESDAY

STUDIO 1	Grace & Groove	2 ½ - 3 ½	3:00 - 3:45pm
	Jazz	6 - 7	3:45 - 4:30pm
	Jazz	6 - 7	4:30 - 5:15pm
	Jazz	8 - 9	5:15 - 6:15pm
	Jazz	10 - 12	6:15 - 7:15pm
	Jazz	13+	7:15 - 8:15pm
STUDIO 2	Hip Hop	4 - 5	3:45 - 4:30pm
	Hip Hop	6 - 7	4:30 - 5:15pm
	Hip Hop	6 - 7	5:15 - 6:15pm
	Hip Hop	8 - 9	6:15 - 7:15pm
	Hip Hop	10 - 12	7:15 - 8:15pm
	Hip Hop	13+	8:15 - 9:15pm

THURSDAY

STUDIO 1	Grace & Groove	2 ½ - 3 ½	4:00 - 4:45pm
	Triple Thrill	5 - 6	4:45 - 5:45pm
	Ballet	Petite Company	5:45 - 6:45pm
	Ballet/Pointe	Junior Company	6:45 - 7:45pm
	Ballet/Pointe	Teen/Senior Company	7:45 - 9:00pm
STUDIO 2	Acro	5 - 6	3:45 - 4:45pm
	SLT	Petite Company	4:45 - 5:45pm
	Acro	7 - 9	5:45 - 6:45pm
	SLT	Teen/Senior Company	6:45 - 7:45pm
	SLT	Junior Company	7:45 - 8:45pm

FRIDAY

STUDIO 1	Tap	7 - 9	4:00 - 5:00pm
	Tap	10+	5:00 - 6:00pm
	Movement Exploration	10+	6:00 - 7:00pm

SATURDAY

Competition rehearsals

ALL CLASSES ARE SUBJECT TO CHANGE